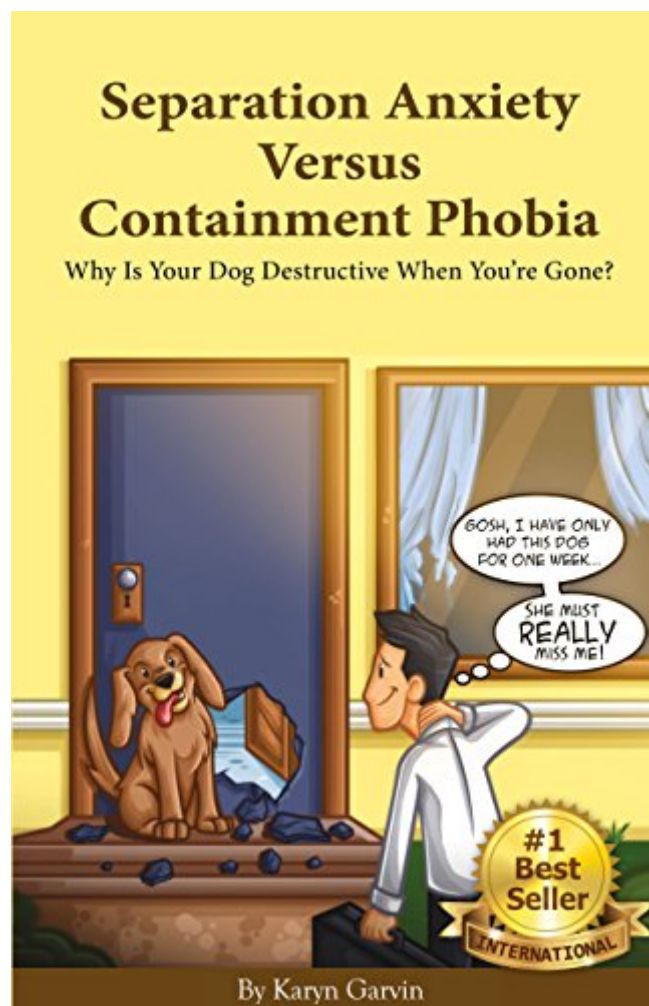




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# Separation Anxiety Versus Containment Phobia: Why Is Your Dog Destructive When You're Gone?



## Synopsis

Has your dog been diagnosed with Separation Anxiety? Many dog owners have been led to believe that their dog is suffering from "Separation Anxiety," when often times nothing could be further from the truth. When Dog Behavior Is Misunderstood, There Is No Cure! Never before has any book gone into as much detail to help dog owners understand all of the reasons why dogs may behave destructively during their owners' absence. Nor has any book gone to such great lengths to provide you with the solutions you have been searching for. This book is dedicated to helping dog owners learn:

- At least 20 reasons why dogs may be destructive when they are left home alone
- What to do about it
- How to prevent it

You are also going to learn about another condition, "Containment Phobia," which affects at least 10% to 15% of our dog population. That is a lot of dogs!!! "Containment Phobia" is almost always misdiagnosed as "Separation Anxiety." If you own a dog or know of a dog that panics about being crated, they may actually be "Containment Phobic." This book is committed to lifting the veil that has clouded the unique attributes and differences of these conditions for far too long.

## Book Information

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## Customer Reviews

This book definitely helped me realize that my dog has containment phobia, not separation anxiety. I think it gives great examples to help you differentiate between the two. That being said, that is all I can say positive about this book. I found it to be very unfocused. I felt that there were random tangents in the middle of chapters to talk about specific researchers and trainers or to give owner testimonials. They didn't seem to belong in the places they were located and they distracted from the flow and point of the chapters. I'm not a dog trainer, but I do work closely with an animal rescue and fostering organization. I found that a lot of the suggestions in the book were "bandaids" rather than solutions and remedies to dog issues. For example, if your dog chews on things while you are away, a muzzle was suggested. Yes, a muzzle will solve the problem. However, it just prevents the dog from physically chewing, it doesn't modify the dog's behavior so that he/she doesn't have the need to chew any longer. I was hoping for more suggestions on how to condition my dog to be okay in her crate or okay with being left alone, not just small fixes so that my house isn't destroyed while her anxiety and fears are still present.

Excellent book! Karyn Garvin has done a phenomenal job of clarifying the differences between separation anxiety, containment phobia, and claustrophobia. Most of all, understanding the differences is helpful to truly finding the appropriate and sustainable solution; of which she outlines clearly. Karyn brings her heart and soul to share real-world experiences from her decades of serving as a professional dog trainer. These experiences and her anecdotal and caring approach are captured in a way that will certainly increase one's ability to succeed in resolving such concerns--whether with your own dog or a professional trainer's client dogs--inevitably fostering a wonderful relationship and greater well-being for the dog and its family. Thank you, Karyn, for your dedication to fostering peace, harmony, and balance for dogs and families everywhere and for sharing your professional knowledge with others so such relationships may continue to prosper! :-)

Karyn Garvin brings her heart, wisdom and years of experience into this definitive and caring book about understanding and dealing with your dog's behavior. Her expert advice, challenges with solutions and examples with photos offers beautiful guidance in better understanding behavioral challenges to help you reinstate your pet as "man's best friend"! A must read for dog owners facing behavioral challenges.

Karyn is as dynamic in person as she is in her writing! This information is a must have for every dog owner and dog trainer. If you want to help a dog with fears and phobias of being left alone or contained, it is critical that you are able to understand why it is happening from the dog's point of view to fix it. Karyn's book takes you through the process of how to figure out the differences and the steps to help bring your dog back into balance both mentally and physically. Morgance

This is a well written and easy to read book! As a dog owner and as a dog trainer and handler, I know many people that will need this book! One of my personal dogs was a rescue and now I realize she had containment fear when I first got her; and I had tagged it as separation anxiety. Now I see the differences from Karyn's book and will be able to share the information and more fully help people deal with these issues with their dogs. a definite must read!

What a great book! As a professional dog trainer, this book brought new insights into dealing with different types of anxiety within dogs. Karyn Garvin is a fantastic teacher and author, and really brings forward an authenticity to her writing. If you are struggling with destruction in your home because of your dog, this book can help you resolve your issues. Totally recommend buying and reading this great book!

This book explained those cases of "separation anxiety" that just didn't fit the mold and normal methods of treating didn't fix. I've already shared this book with a friend, a vet tech, and a facebook group. It is such important information!

Great book! I would highly recommend it to anyone whose dog has problems when you're not there. Very easy to understand and it makes sense.

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